

# Rainbow Youth Centre



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## ANNUAL REPORT 2023-2024







## Rainbow Youth Centre

### Vision

Empowered youth, family,  
community

### Mission

To engage, educate, and inspire  
youth and families to lead their  
best lives

### Values

**Integrity** – the intention of  
acting with honesty and being  
accountable for our words,  
thoughts, and actions

**Diversity** – creating an  
environment of acceptance,  
with the understanding that  
individuals are unique

**Encouragement** – supporting  
others and recognizing positive  
attributes

**Growth** – continuous  
evolution of individual,  
agency, and community



## Message from the Chair and Director

Recently while setting up for our strategic planning session, we had the pleasure of going through past Annual Reports. From 1982 to present, over 42 year, this inspirational narrative is the history of the past generations of Rainbow youth. These intergenerational legacy stories are about the growth and achievement of the youth involved with Rainbow Youth Centre's (RYC) programming. They are our success stories.

Continuing to tell these stories is important so that funders, stakeholders and most importantly the RYC community understands the importance of what we do, how we can help, as well as why RYC programming needs to continue.

This past year, our story honoured the need to provide spaces for interactions that aid in building trust, increase cultural safety and ensure retention of Indigenous youth, employees, and leadership. This includes sincere efforts toward Truth and Reconciliation, creating anti-racist environments, as well as respecting the diversity of individuals involved with RYC. This was achieved through ensuring that the voices of our youth were heard at all levels of our organization. We will continue to uphold our work in our commitment to the Calls to Action, inclusivity and on providing a direction for the 2030 Sustainable Development Goals.

Our story also continued with responding to the need for a Mental Wellness program at RYC, to not only serve the program participants, but our staff. And, our story included the importance of longstanding programs such as Roads to Employment, celebrating 25 years in this community, the Young Parent Program, Youth Skills, KidsFirst, Youth C.A.R.E. and in creating our newest program the Youth Advancement (YAP) a program to work with underhomed youth.

The ongoing RYC narrative is about inspiring growth and learning opportunities, allowing Rainbow to grow into a better version of itself with full participation of people across all social spectrums by creating, deciding, and implementing its vision, mission, values, and practices so that each person, feels welcomed, included, seen, heard, and valued. Our commitment to the youth in our community is the basis for us to be adaptive and continually evolving, so we can share their success stories.

As you browse this year's report, we hope you enjoy the history and efforts that created these success stories. We hope that this report inspires our youth, our stakeholders, and our community. Thank you to all of you taking this journey with us.

**Jackie Ledingham, Chair**

A blue-bordered box containing the handwritten signature of Jackie Ledingham in black ink.

**Jacqui Wasacase, Executive Director**

A blue-bordered box containing the handwritten signature of Jacqui Wasacase in black ink.



# KidsFirst Program



KidsFirst is a province-wide program funded by the Saskatchewan Health Authority, designed to support children and families by enhancing parenting knowledge, providing support, and building on family strengths. KidsFirst is a voluntary program.

At Rainbow Youth Centre KidsFirst, we serve parents up to 29 years and their children (prenatal to age three years). The KidsFirst services provided are Home Visiting (creating building blocks around healthy child development, positive parent-child relationships, and support for parents in attaining goals), community engagement, childcare and early learning opportunities for children, and connecting families to community services and support networks.



*Smudge Teachings with Elder Joyce Racette*



*Red Dress Event with Elder Joyce Racette*



*Traveling Santa: Partnered with Regina Fire Fighters*

*“KidsFirst gives me the opportunity to get out in the community and socialize with other parents through activities and events that they put on! Home Visitors also educate us as parents about how to ensure our babies are on track, growing, and developing as they should! They also provide supplies to families that are not always easy for us to acquire which is VERY much appreciated! I could not recommend KidsFirst enough!”*

***KidsFirst Participant***

## Stats

- Served 75 families
- 32 New Families
- 846 Home Visits with Families
- 99% of visits are with curriculum
- 3 families graduated from KidsFirst



# KidsFirst Program



*Traveling Santa*



*Growing Great Kids Night*



*Making self care boxes at KidsFirst Graduation*

## Family Activities and Services

- Lentil soup making night
- Smudge Teachings
- Yoga night
- Graduation from KidsFirst event
- Fire Safety Carnival
- Traveling Santa: Partnered with Fire Fighters
- Baby Gates
- Mama, do you love me? homemade books
- Massage for new birthing parents
- Breastfeeding information session for birthing parents
- Period Supports
- First Aid Kits
- Baby carriers
- Gift cards for regular visits in first 3 months on KidsFirst
- Monthly incentive draws for regular visiting
- Wellness support

*“KidsFirst is a wonderful program, they help you with learning new ways to parent and help you with other stuff such as essentials around the house including clothes for your children also staff that come out are wonderful. I love having KidsFirst program helping me and being able to teach me new things, I never knew about parenting. And of course my home visitors”.*

*KidsFirst Participant*



# Young Parent Program



Canada Community Action Program for Children



Monday Play Group



Cradle Board Teachings



Ribbon Skirt Making

Young Parent Program (YPP) is a Community Action Program for Children funded by Public Health Agency of Canada.

This program provides participants the opportunity to expand their knowledge about children's health and development, parenting skills, nutrition, interpersonal skills, and other programs.

Parents under the age of 29 years are provided with transportation, and childcare for their children. Young Parent Program services include evening and afternoon sessions.

Young Parent Program offers certificates in the following: Nobody's Perfect Parenting Program, Bounce Back, Positive Discipline, Anger Management for Parents.



Art session with guest Facilitator Kayla Pelletier

*YPP is a resource for me to be a better mom. It means having a place for social support and fostering healthy relationships with those in similar situations I'm in raising growing children.*

*YPP Participant*



# Youth Skills Program



*Medicine Wheel Self Development*

This program works with youth who are on probation and referred through the youth court system, and community youth who are referred through caregivers and education partners.

We facilitate pathways to peace, anger management and life skills to educate young people on the skills associated with building effective relationships.

The program encourages people to accept responsibility for their behaviour and choices, leaning to problem solve and resolve conflict without violence.



*Beading done by youth*



*Orange Shirt Day Beading*

*"I learned how cope with my anger in a more positive way." Youth age 16*



*7 Grandfather Teachings*

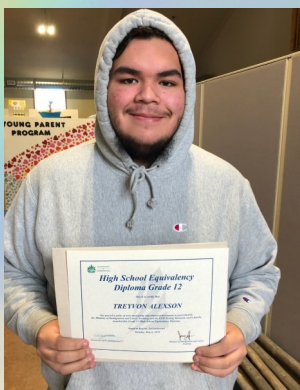


# Road To Employment *Saskatchewan!* Program

Road To Employment (RTE) addresses the academic, employment, and personal development of youth ages 18-25 who have not completed a high school education and are experiencing barriers to employment. RTE is a 47-week, CAEC (GED replacement), employment readiness program that provides services to enhance academic levels, reduce employment barriers, increase career opportunities, and improve personal strengths.

This year is currently RTE's 25<sup>th</sup> year of operation! With RTE you can now complete your high school education equivalency with the new Canadian Adult Education Credential (GED replacement), receive multiple work-related certificates, (i.e., First Aid/CPR, WHMIS, Food Safe, Serve It Right, etc.); pre-employment workshops (i.e., resumé writing, portfolio development, interviewing skills, effective communication); Drivers Education (Learner's license, in-classroom and in-car driver training, road test for Driver license); and a 16-week work placement. There is a yearly intake process (including an orientation session, academic testing, and interview) for the 20 participant spots available.

Road to Employment is funded by the Saskatchewan Ministry of Immigration and Career Training.



*Road To Employment  
Graduate*



*Road To Employment  
Classroom*



*"The Program has helped me to gain  
Certificates that I would never have  
been able to do on my own."*



# Youth C.A.R.E Program



Youth CARE (YC) provides front line services to youth aged 11-19 years. The goal of Youth CARE is to provide opportunities for youth to explore aspects of personal growth in an environment that promotes physical and emotional safety. Services are designed to be prevention-based and respond to the physical, social, intellectual, emotional, spiritual aspects of young people. Activities use experiential learning techniques and are delivered in a group setting.

Youth CARE services are: After School Drop-In (offering social and recreational based activities), Meal Service (providing nutritious meals served as supper), Evening Program (delivering skill-based learning activities), Saturday 224 Connections (participating in community experiences), and Case Work (sharing knowledge about wellness, assisting with problem solving and goal setting, and connecting with community resources).



*Music Matters*

*Funding Support provided by  
MONAT Gratitude Grant*

**2,977 REACH meals served.  
1,683 snacks handed out.  
1,152 supper chore volunteers.**

**funding support for Meal Service  
provided by REACH  
Regina Education and Action for  
Child**



*Afterschool Drop-in Activities*

*Funding support provided by Ministry of  
Justice, Community Safety and Wellbeing.*

*"She just loves coming here. She says it  
is her favorite place to be."  
grandmother of a youth age 14 yrs.*

*"I am so happy you are open."  
youth age 15 yrs.*

*"Rainbow is my get away from  
homeplace, my go to be safe  
and happy place."  
youth age 12 yrs.*



# Youth C.A.R.E Program



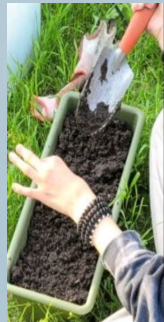
## Winter 2024

‘Creative Spirits’ made its debut! Partnerships Included Pat W. (community member –knitting Instructor), Mellisa R. (Love at First Bite—cooking instructor), and Chantelle (Provincial Clothing—moccasin making instructor). Youth excelled in the beading, cooking, knitting, and string art projects. Program successes were possible with the financial support from a (CIF) Community Initiatives Fund Grant.



## Spring 2023

‘Well Being Nights’ began and continued through all four seasons with youth participating in a number of activities to increase both physical and emotional wellbeing. Program financially supported by a City of Regina—Community Investment Fund, Major Grant.



## Summer 2023

The great outdoors was explored from the lake to the highest peak! ‘Canoeing’ and ‘Hiking’ were activity highlights for the youth. And, the weather cooperated!



## Fall 2023

‘REC-re-ACTION’ is a four season program focused on physical literacy movements. Running, jumping, throwing keep youth active. Sky Park is a thrill! Program financially supported by a City of Regina – Community Investment Fund, Minor Grant.



# Mental Wellness



If year one of the Mental Health and Wellness Program was about weathering the storm, year two was about surveying the damage and rebuilding stronger. Having a Mental Wellness centre within RYC is advantageous as our participants experiencing immediate homelessness, mental health delays in services and delays in connections with community partners. This has been an area, and continues to be, that requires crisis intervention on a weekly basis.

Mental Health and Wellness is utilized by all programs and staff. We are excited to be able to provide this opportunity through funding from the City of Regina, Harm Reduction, Red Cross and Community Wellbeing.

We look forward to continuing our work to realize a future:

- Where everyone can live a satisfying, hopeful, and contributing life
- Where people living with mental health problems and illnesses no longer face stigma and discrimination
- Where everyone has access to high quality, culturally, appropriate mental health services
- Where we all equally values our physical, mental and social well-being



Daphne and RTE Participant



***“Daphne has helped me with my mental health and helped me get stuff for my child. She was there for me when I went into labour and she helped me so much. She is the best person I know.” RYC Participant***



To the Members of Rainbow Youth Centre:

### Qualified Opinion

We have audited the financial statements of Rainbow Youth Centre (the "Centre"), which comprise the statement of financial position as at March 31, 2024, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter(s) described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at March 31, 2024, and its financial performance and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

### Basis for Qualified Opinion

In common with many not-for-profit organizations, the Centre derives part of its revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centre and we were not able to determine whether any adjustments might be necessary to the revenues mentioned above, surplus of revenues over expenses, assets and net assets.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under Statements section of our report. We are independent of the Centre in accordance with the ethical requirements that are those standards are further described in the Auditor's Responsibilities for the Audit of the Financial relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

#### MNP LLP

Suite 900 Royal Bank Building, 2010 - 11th Avenue, Regina SK, S4P 0J3

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MNP.ca



### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Centre to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Regina, Saskatchewan

June 4, 2024

*MNP* LLP

Chartered Professional Accountants

**MNP**





**RAINBOW YOUTH CENTRE INC.**  
**Statement of Financial Position**  
**As at March 31, 2024**

	March 31 2024	March 31 2023
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 97,194	\$ 191,094
Investments (Note 3)	574,162	266,169
Grants receivable	60,153	23,057
Accounts receivable	9,098	3,862
GST receivable	1,791	2,756
Interest receivable	18,537	14,798
Accounts receivable from employees	-	-
Prepaid expenses	16,672	15,943
Inventory (Note 4)	11,817	9,808
	<u>789,424</u>	<u>527,487</u>
TANGIBLE CAPITAL ASSETS (Note 6)	554,157	577,120
LONG TERM INVESTMENTS (Note 3)	106,026	394,368
	<u>\$ 1,449,607</u>	<u>\$ 1,498,975</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 22,610	\$ 8,672
Wages payable	69,885	73,537
Deferred revenue (Note 7)	104,098	137,309
	<u>196,593</u>	<u>219,518</u>
DEFERRED CAPITAL CONTRIBUTIONS (Note 7)	100,166	113,194
	<u>296,759</u>	<u>332,712</u>
NET ASSETS	1,152,848	1,166,263
	<u>\$ 1,449,607</u>	<u>\$ 1,498,975</u>

e-Signed by Jackie Lay  
2024-06-04 13:55:09:09 CST

Director

Director







**RAINBOW YOUTH CENTRE INC.**  
**Statement of Operations**  
**Year Ended March 31, 2024**

	2024	2023
<b>REVENUE</b>		
Grants (Note 10)	1,444,432	\$ 1,407,573
Donations	68,838	46,099
Amortization of capital contributions	18,028	18,028
Other	47,459	9,575
Interest income	25,641	17,634
Donations in-kind	15,089	25,766
	<u>\$ 1,619,487</u>	<u>\$ 1,524,675</u>
<b>EXPENSES</b>		
Amortization	\$ 49,300	\$ 41,883
Building occupancy	51,435	48,338
Food	26,586	26,242
Fundraising and public relations	16,776	27,232
Miscellaneous (Note 11)	19,962	23,932
Programming (Note 11)	87,488	102,535
Staff salaries and benefits	1,339,446	1,227,331
Telephone	15,771	16,165
Transportation	21,878	30,346
	<u>1,628,642</u>	<u>1,544,004</u>
<b>EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS</b>	<b>(9,155)</b>	<b>(19,329)</b>
<b>OTHER EXPENSES</b>		
Gain (loss) on disposal of capital assets	<u>(4,260)</u>	1,036
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<u><b>\$ (13,415)</b></u>	<u><b>\$ (18,293)</b></u>



# Rainbow Youth Centre Team



## RYC Board of Directors

Jackie Lay Ledingham, *Chairperson*

Paul Gingras, *Vice-Chairperson*

Justin Roberts, *Treasurer*

Maria Ogilvie, *Director*

Nathan Sgrazzutti, *Director*

Aleesha Shannon, *Director*

Tayrn Acoose, *Director*

Rynae Weinmeister, *Director*



## RYC Staff

Jacqui Wasacase, *Executive Director*

Douglas Swedberg, *Director of Finance*

Carrie Sammy, *Administrative Assistant*

Sandra Pfeifer, *Youth CARE Supervisor*

Brad Munchinsky, *Youth CARE worker*

Kristen Sigda-Holyoak, *Youth CARE worker*

Callie Grimard, *Youth CARE worker*

Colton Buzash, *RTE Supervisor*

Robert Cote, *RTE Co-facilitator*

Robert Cote, *Youth Skills Co-facilitator*

Shayna McArthur, *Youth Skills Facilitator*

Daphne Gerrand, *Mental Wellness*

Jaime Rockthunder, *Cleaner*

Jeff Carroll, *Cook*

Faye Huggins, *KidsFirst Supervisor*

Miranda Lavalley, *KidsFirst Support Supervisor*

Diana Sunshine, *KidsFirst Home Visitor*

Tamara McCarron, *KidsFirst Home Visitor*

Destiney Favel, *KidsFirst Home Visitor*

Katrina Shell, *KidsFirst Home Visitor*

Cecilia Racette, *Float Home Visitor*

Tasha Cappo, *Young Parent Supervisor*

Janet White Bear, *Childcare worker*

Taneesha Ackerman, *Childcare worker*

Kiana Isnana, *Childcare worker*

Kayla Pelletier, *Childcare worker*

Melissa Thomson, *Childcare worker*

Mikayla Psenica, *Childcare worker*

Destiney Favel, *Childcare worker*

Maria Calilung, *Childcare worker*

Arianna Agecoutay, *Childcare worker*





# Rainbow Youth Centre Staff

## *Executive Management*



**Executive Director  
Jacqui Wasacase**



**Director of Finance  
Doug Swedberg**



**Administrative Assistant  
Carrie Sammy**

## *KidsFirst Program*



**KidsFirst Program Supervisor  
Faye Huggins**



**KidsFirst Senior Home Visitor  
Miranda Lavallee**



**KidsFirst Home Visitor  
Destiney Favel**



**KidsFirst Home Visitor  
Tamara Chychrun**



**KidsFirst Home Visitor  
Katrina Shell**



**KidsFirst Float Home Visitor  
Cecilia Racette**



# Rainbow Youth Centre Staff

## Young Parent Program



Young Parent Program Supervisor  
Tasha Cappo



Childcare Worker  
Janet Whitebear



Childcare Worker  
Melissa Thomson

Childcare Worker  
Arianna Agecutay

Childcare Worker  
Taneesha Ackerman

## Road to Employment Program



Road to Employment Supervisor  
Colton Buzash



Road to Employment Co-facilitator  
Youth Skills Co-facilitator  
Robert Cote



# Rainbow Youth Centre Staff

## Youth C.A.R.E Program



Youth C.A.R.E Supervisor  
Sandra Pfeifer



Youth C.A.R.E Worker  
Brad Munchinsky



Youth C.A.R.E Worker  
Callie Grimard



Youth C.A.R.E Worker  
Kristen Sigda-Holyoak



Cook  
Jeff Carroll

## Mental Wellness Program



Mental Wellness  
Daphne Gerrand



Cleaner  
Jaime Rockthunder

## Youth Skills Program



Youth Skills Facilitator  
Shayna McArther



# RYC Contributors

## Thank you to our Supporters!



Canadian Red Cross



Canada Community Action Program for Children





