



Rainbow Youth Centre  
Annual Report  
2021-2022



# **RYC Vision, Mission, Values**

## **Vision**

Empowered youth, family, community

## **Mission**

To engage, educate, and inspire youth and families to lead their best lives

## **Values**

Integrity – the intention of acting with honesty and being accountable for our words, thoughts, and actions

Diversity – creating an environment of acceptance, with the understanding that individuals are unique

Encouragement – supporting others and recognizing positive attributes

Growth – continuous evolvement of individual, agency, and community

Collaboration – working together towards a common goal

## ***Welcome to the Annual Report of Rainbow Youth Centre 2021***

Kudo's to RYC and all the Board, team members and participants as this year has been a roller coaster ride. From the pandemic to the majestic highs of being able to gather at the centre for programming again to the lows of the people we lost due to overdose and suicide. If this year has taught us anything it is that we are more resilient than we thought, more human than we thought, and more adaptable than we thought.

We have said goodbye to long term Board and team members, including our past Executive Director, Shelley Christian. We wish them well on their journey as we welcome new board and team members who are only beginning their journeys with Rainbow. Our new Executive Director started in November of 2021, and we warmly welcome Jacqui Wasacase into our Rainbow Youth family.

Our programs have flourished during this year, coming back to in-centre programming with excitement and the joy of just not staying home. Covid may have disrupted our lives, programs, and jobs, but we have learned to adjust and adapt. The Board, staff team and all our participants share in the work that it takes to keep this organization fresh and inspiring in doing what we do!

The Board has continued to utilize virtual meetings and has expanded to include even more members that have a keen interest in best for RYC! Our IDEA (inclusion, diversity, equity and accessibility) Committee worked this year in constructing a framework for the Centre that is aligned with the TRC. In learning and understanding the importance of reconciliation, RYC is working toward providing spaces for interactions to aid in building trust and increasing cultural safety to ensure retention of Indigenous youth, employees, and leadership.

We are reflecting our commitment to the Truth and Reconciliation Calls to Action as well as anti-racism and sexual and gender diversity and working on providing direction for the 2030 Sustainable Development Goals.

Rainbow has taken steps to fully embrace becoming not just being an organization that truly inspires growth and learning, but to be a better version of itself in full participation and shared power with people across all social spectrums in creating, deciding, and implementing its vision, mission, values structure policies and practices so that each person, feels welcomed, included, seen, heard and valued. Our commitment to the youth in our communities is the basis for us to be adaptative and continually evolving, Rainbow Youth is a place of possibility.

We are ready. We are excited, and we welcome everybody to share that with us.

Thank you for allowing us to be a part of it all.

*Dominga Robinson*

Dominga Robinson, Chair of the Board

*Jwasacase*

Jacqui Wasacase, Executive Director

# RYC Programs – Youth CARE

Youth CARE (YC) provides front line services to youth aged 11-19 years. The goal of Youth CARE is to provide opportunities for youth to explore aspects of personal growth in an environment that promotes physical and emotional safety. Services are designed to be prevention-based and respond to the physical, social, intellectual, emotional, and spiritual aspects of young people. Activities use experiential learning techniques and are delivered in a group setting.

Youth CARE services are: After School Drop-In (offering social and recreational based activities), Meal Service (providing nutritious meals served as supper), Evening Program (delivering skill-based learning activities), Saturday Taking Care (participating in community experiences), and Case Work (sharing knowledge about wellness, assisting with problem solving and goal setting, and connecting with community resources).



UNO Flip at Drop-in

### *Youth say ...*

*"It's fun and safe." (13 yr old)*

*"Being here with friends and siblings makes it more comfortable and fun." (15 yr old)*

*"I like the programming, food, and the games/sports." (11 yr old)*



With the COVID-19 virus pandemic still prevalent, Youth CARE provided services online for April, May, and June (46 days, 230 online contacts).

Since youth were unable to be onsite at this time, the After School Drop-in went to them! With funding provided by a Community Initiatives Fund Grant, Youth CARE staff delivered 'Activity Challenge Kits' to youth. Kits included mind, movement, and memory challenges.

On June 24, 2021 Youth CARE re-opened for on-site, in person activities.



# RYC Programs – Youth CARE



2,107 REACH meals served

**The Centre is important because ...**

*"It teaches life lessons for everyone." (14 yr old)*

*"I have people to talk to about my feelings." (12 yr old)*

*"I learned to participate more. I never used to do that before." (17 yr old)*



970  
program  
hours

Creating art in person or virtually, knowing more about coping strategies & stress management, practicing life skills, building resiliency were all possible thanks to the partnership with the Ministry of Justice – Community Safety and Wellbeing.



Learning the ropes at Sky Park

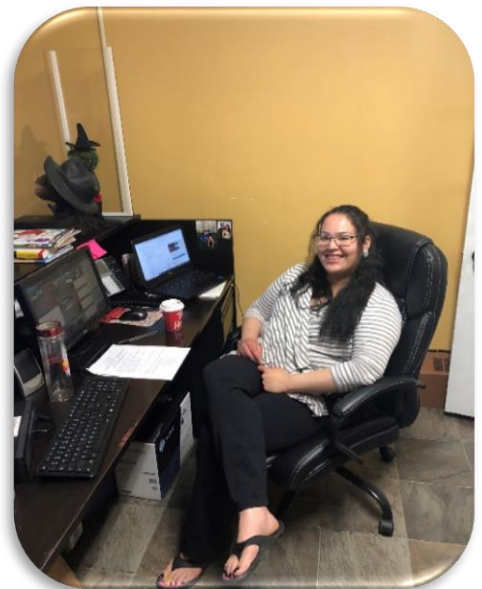
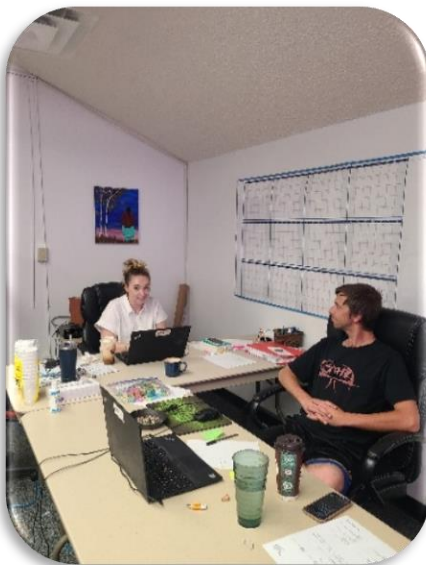
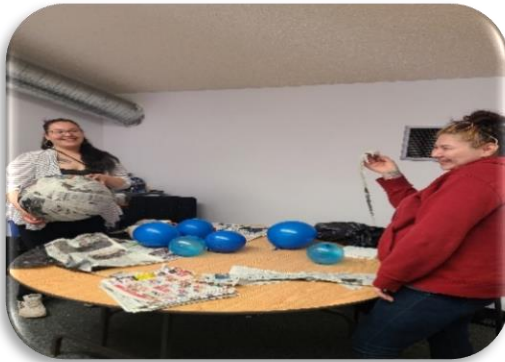


**Youth CARE Recreation activities take place in every season thanks to the partnership with City of Regina Community Investment Grants Program.**

# RYC Programs – Road to Employment

Road To Employment (RTE) addresses the academic, employment, and personal development of youth ages 18-30 who have not completed a high school education and are experiencing barriers to employment. RTE is a 47-week, GED, employment readiness program that provides services to enhance academic levels, reduce employment barriers, increase career opportunities, and improve personal strengths.

With RTE you can attain your GED, receive multiple work related certificates, (i.e. First Aid/CPR, WHMIS, FoodSafe, Service Best); pre-employment workshops (i.e. resumé writing, portfolio development, interviewing skills, effective communication); Drivers Education (Learner’s license, in-classroom and in-car driver training, road test for Driver license); and a 16 week work placement. There is a yearly intake process (including an orientation session, academic testing, and interview) for the 20 participant spots available. We are going into our 24<sup>th</sup> year of RTE this fall!



*"RTE gave me the motivation to get what I needed to get done. Motivation is key, so open the door." RTE Participant*

# RYC Programs – Road to Employment

This past year RTE struggled along with every program due to the COVID 19. RTE shifted the delivery style of programming – with online classes and slowly having all the students return this spring to in class programming. In January RTE warmly welcomed a new Supervisor – Annick Mulvihill. We are looking forward to having in person classes this fall!

Road to Employment is funded by the Saskatchewan Ministry of Immigration and Career Training.



*“The Program has helped me to gain Certificates I would never have been able to do on my own.” RTE Participant*



# **RYC Programs – Young Parent Program**

Young Parent Program (YPP) is a Community Action Program for Children project funded by Public Health Agency of Canada that invests in the healthy development of young children (0-6 years). YPP uses a group setting format of delivery to provide support to parents up to age 29 years and their children (aged infant to 6 years) in managing challenging circumstances. Participants of the program have opportunity to gain knowledge about child health and development, parenting skills, nutrition, interpersonal skills, physical and emotional well-being. Transportation and childcare services are provided to families attending YPP services. YPP services are a weekly Evening Parent Support Group, a weekly Parenting Skills Development Group (i.e. Parent Effectiveness Training, Nobody’s Perfect Parenting Program, Bounce Back, Positive Discipline, and various life skill based topics), connecting parents to community services and support networks, and advocacy.



30 Registered Parents



*“I appreciate the programs at Rainbow youth. The amazing programs have helped me gained so much knowledge to become a better mom, In so many different ways. I will forever be grateful, to all the staff, and programs.” -YPP Program participant*



**The Young Parent Program offers certificates in the following: Nobody’s Perfect Parenting, Healthy Relationships, Indigenous Parenting, Positive Discipline, Self Esteem, Anger Management for Parents, Evening Parent Support, Workshops, Guest Speakers, and Nobody’s Perfect Dads Addition.**



# RYC Programs – Young Parent Program

As the changes to public health restrictions fluctuated throughout the year, Young Parent Program was able to quickly pivot back and forth between in-person and remote programming while designing programs to meet the same objectives. In order to deliver remote programming, we made major changes in the format such as offering shorter, more frequent communication. We were still able to achieve or at least partly achieve almost all of our workplan objectives and outcomes. These objectives included promotion of nutrition, physical activity children’s health and development, parent-child attachment, positive parenting practices, positive mental health practices, opportunities for social supports and parental self-efficacy. Families were supported in maintaining their food security during the pandemic by our agency delivering weekly meals and snacks while in-person programming was suspended due to public health measures.



212 meals served

*"I completed the Young Parent Program coordinated by Tasha Cappo, who was extremely knowledgeable and full of helpful information on raising children. It was fun to be involved and I learned a lot of tips on how to further parent my children with a gentle parenting approach. Though it was an online course everyone in the group was able to connect on a relatable level. Highly recommend." - Young Parent Participant*



# RYC Programs – KidsFirst

KidsFirst is a province-wide program funded by Saskatchewan Health Authority that is designed to support children and families by enhancing parenting knowledge, providing support, and building on family strengths. The purpose of KidsFirst is to support parents as they create a caring and nurturing family for their new baby. Family participation in the KidsFirst program is voluntary. The KidsFirst program at Rainbow Youth Centre is for parents up to age 29 years and their children (prenatal to age 3 years). The services provided by KidsFirst are: Home Visiting (promotion of healthy child development, development of positive parent-child relationships, and support for parents in attaining goals), community engagement, childcare and early learning opportunities for children, and connecting families to community services and support networks.

## 10 Families graduated

Virtual grad celebrations

Grad's achievements

Finished high school

Started post-secondary education

Full-time employment

Improved housing

Children in Pre-kindergarten,  
preschool, or daycare

Found family doctors

Child immunizations up to date

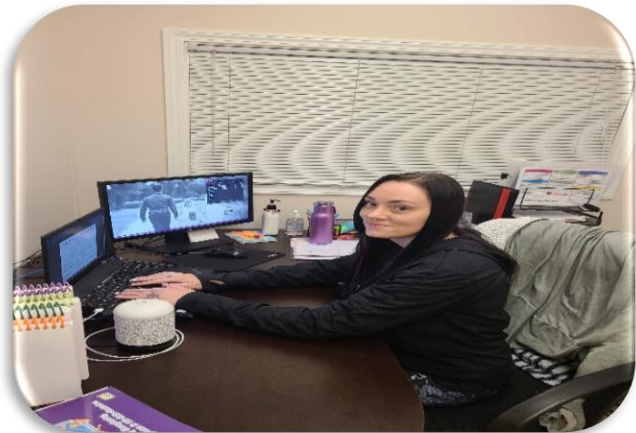
Driver's license

8 Children in Monday Playgroup  
which started up March 2022

Provided iPads for visits when  
technology is a barrier to virtual visits

Family prize baskets draws for regular  
visits each month

Outdoor visits in warm weather



*"Don't give up when things feel  
hard" KidsFirst Participant*

# RYC Programs – KidsFirst



## Family activity packages:

Reading challenge: children’s books and related activities.

Fire safety activity bingo: 1 of our families won the prize of having the fire truck visiting their home.

Summer activity bingo.

Father’s Day packages.

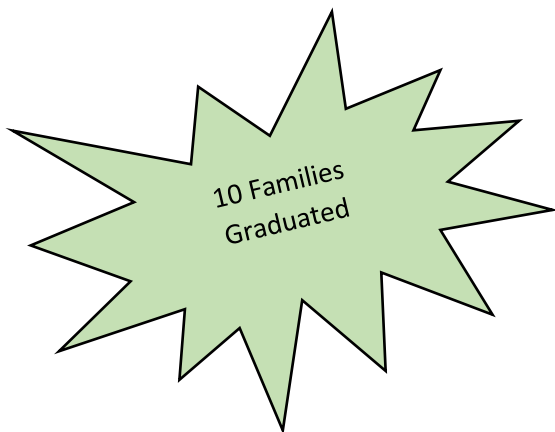
Self-care packages.

Cultural activities for National Indigenous People’s Day.

2 new Home Visitors to serve families.

Curriculum updated to the New Next Generation Curriculum.

*“This program helped me grow as a person and has helped me to be the best mother I could possibly be”*  
*KidsFirst Participant*



# RYC Programs – Youth Skills

Youth Skills is a life skills program assisting youth ages 14 - 19 years in preventing and or reducing barriers to employment. Programming services provide opportunities for youth to enhance communication abilities and job readiness preparations. Curriculum content includes knowledge about coping strategies, problem solving, critical thinking, and decision making. Youth are able to gain thinking skills that support self-changing goals and actions.

Youth Skills services: Resolving Conflict Workshops (communication skills development).  
Job Readiness (pre-employment skills development).  
Anger Management (Ages 12 – 17)



# Rainbow Youth Centre Team

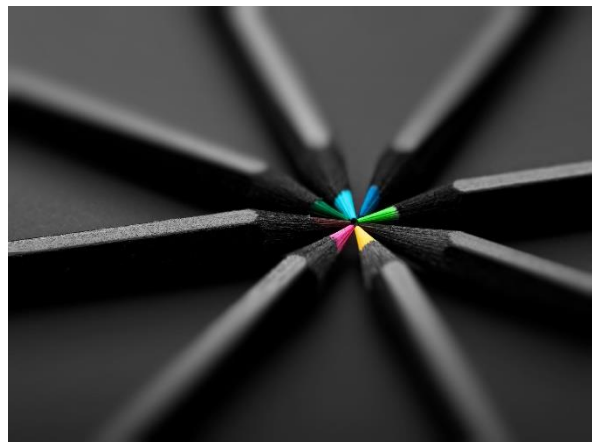
## **RYC Board of Directors:**

- Dominga Robinson, *Chairperson*
- Carline Petit-Homme, *Vice-Chairperson*
- Jacqui Gagnon, *Treasurer*
- Paul Gingras, *Director*
- Patrick Chopik, *Director*
- Travis Sentes, *Director*
- Terena Shaw, *Director*
- Jackie Lay, *Director*
- Andrea Klippenstine, *Director*
- Fayth Runns, *Director*
- Rebecca Agecoutay, *Director*
- Shauna Ironstar, *Director*
- Victor Roman, *Director*



## **RYC Staff:**

- Jacqui Wasacase, *Executive Director*
- Douglas Swedberg, *Director of Administration*
- Carrie Sammy, *Administrative Assistant*
- Sandra Pfeifer, *Youth CARE Supervisor*
- Brad Munchinsky, *Youth CARE worker*
- Kristen Sigda-Holyoak, *Youth CARE worker*
- Callie Grimard, *Youth CARE worker*
- Daniel Cronan, *RTE Supervisor*
- Annick Mulvihill, *RTE Supervisor*
- Colton Buzash, *Youth Skills Supervisor*
- Faye Huggins, *KidsFirst Supervisor*
- Miranda Lavalley, *KidsFirst Support Supervisor*
- Diana Sunshine, *KidsFirst Home Visitor*
- Tamara McCarron, *KidsFirst Home Visitor*
- Debbie McCarthy, *KidsFirst Home Visitor*
- Katrina Shell, *KidsFirst Home Visitor*
- Tasha Cappo, *Young Parent Supervisor*
- Janet White Bear, *Childcare worker*
- Darrylynn Klyne, *Childcare worker*
- Alicia Kennedy, *Childcare worker*
- Jamie Rockthunder, *Cleaner*
- Jeff Carroll, *Cook*



# RYC Financials



## Independent Auditor's Report

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To the Members of Rainbow Youth Centre:

### Qualified Opinion

We have audited the financial statements of Rainbow Youth Centre (the "Centre"), which comprise the statement of financial position as at March 31, 2022, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter(s) described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at March 31, 2022, and its financial performance and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

### Basis for Qualified Opinion

In common with many not-for-profit organizations, the Centre derives part of its revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centre and we were not able to determine whether any adjustments might be necessary to the revenues mentioned above, surplus of revenues over expenses, assets and net assets.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under Statements section of our report. We are independent of the Centre in accordance with the ethical requirements that are those standards are further described in the Auditor's Responsibilities for the Audit of the Financial relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

MNP LLP

Suite 900, Royal Bank Building, 2010 - 11th Avenue, Regina SK, S4P 0J3

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MNP.ca

# RYC Financials

## Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Centre to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Regina, Saskatchewan

June 2, 2022

*MNP* LLP

Chartered Professional Accountants

**MNP**

# RYC Financials

RAINBOW YOUTH CENTRE INC.  
Statement of Financial Position  
As at March 31, 2022

	March 31 2022	March 31 2021
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 175,883	\$ 275,623
Investments (Note 3)	549,615	306,768
Grants receivable	39,558	22,514
Accounts receivable	250	3,090
GST receivable	1,444	2,801
Interest receivable	5,705	8,027
Accounts receivable from employees	75	275
Prepaid expenses	44,860	35,925
Inventory (Note 4)	9,522	9,743
	<u>826,912</u>	<u>664,766</u>
TANGIBLE CAPITAL ASSETS (Note 6)	544,842	585,016
LONG TERM INVESTMENTS (Note 3)	313,671	388,445
	<u>\$ 1,685,425</u>	<u>\$ 1,638,227</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 25,504	\$ 30,446
Wages payable	90,454	84,278
Deferred revenue (Note 7)	253,689	345,629
	<u>369,647</u>	<u>460,353</u>
DEFERRED CAPITAL CONTRIBUTIONS (Note 7)	131,222	145,824
	<u>500,869</u>	<u>606,177</u>
NET ASSETS	<u>1,184,556</u>	<u>1,032,050</u>
	<u>\$ 1,685,425</u>	<u>\$ 1,638,227</u>

*Andrea Klippenstine* Director

*Dominica Robinson* Director



# **RYC Financials**

## **RAINBOW YOUTH CENTRE INC.**

### **Statement of Operations**

**Year Ended March 31, 2022**

	<b>2022</b>	<b>2021</b>
<b>REVENUE</b>		
Grants <i>(Note 10)</i>	<b>1,211,408</b>	\$ 1,103,681
Donations	<b>54,923</b>	6,030
Amortization of capital contributions	<b>17,779</b>	10,818
Other	<b>7,054</b>	3,763
Interest income	<b>9,201</b>	12,463
Donations in-kind	<b>22,231</b>	12,966
	<b>\$ 1,322,596</b>	\$ 1,149,721
<b>EXPENSES</b>		
Amortization	<b>\$ 47,768</b>	\$ 35,393
Building occupancy	<b>43,020</b>	40,734
Food	<b>21,839</b>	21,225
Fundraising and public relations	<b>24,705</b>	16,308
Miscellaneous <i>(Note 11)</i>	<b>16,914</b>	20,768
Programming <i>(Note 11)</i>	<b>68,699</b>	106,998
Staff salaries and benefits	<b>919,155</b>	861,615
Telephone	<b>12,118</b>	12,567
Transportation	<b>15,311</b>	18,567
	<b>1,169,529</b>	1,134,175
<b>EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS</b>	<b>153,067</b>	15,546
<b>OTHER EXPENSES</b>		
(Loss) Gain on disposal of capital assets	<b>(561)</b>	610
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<b>\$ 152,506</b>	\$ 16,156

# RYC Contributors

We would like to gratefully acknowledge the contributions made by the following contributors during 2021-2022. We could not deliver our programs without you. Thank you.

## **Grant Providers:**

- City of Regina
- Community Initiatives Fund
- KidsFirst Regina
- Public Health Agency of Canada
- Regina Education and Action on Child Hunger
- Saskatchewan Health Authority
- Saskatchewan Ministry of Economy Labour Market Services
- Saskatchewan Justice Attorney General
- Saskatchewan Justice Corrections and Policing
- United Way Regina

## **Donors:**

>\$10,000

- Home Depot Canada

\$5,000-\$10,000

- Custom Agricultural Solutions

\$1,000-\$5,000

- RBC Foundation
- ISC Employee's Fund
- Laura Sheppard
- Collaborative Construction

<\$1,000

- Thirty-nine donations totaling \$6,400

## **In-Kind Donations:**

>\$10,000

- Cobs Bakery

<\$10,000

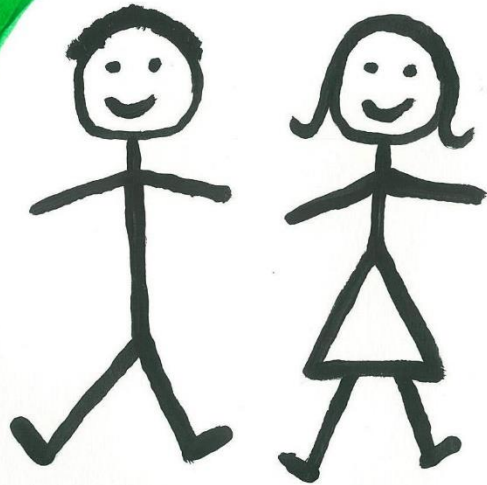
- Angels for Warmth
- St. James United Church
- Sunset United Church
- Eastside United Church



# RYC Contributors

Thank you grant providers.





Under The Rainbow