



# Rainbow Youth Centre

## Annual Report 2020-21



COVID  
Slows  
Us Down

But  
Cannot  
Stop Us

# **RYC Vision, Mission, Values**

## **Vision**

Empowered youth, family, community

## **Mission**

To engage, educate, and inspire youth and families to lead their best lives

## **Values**

Integrity – the intention of acting with honesty and being accountable for our words, thoughts, and actions

Diversity – creating an environment of acceptance, with the understanding that individuals are unique

Encouragement – supporting others and recognizing positive attributes

Growth – continuous evolvement of individual, agency, and community

Collaboration – working together towards a common goal

# **RYC Chair and Executive Director**

This year has seen its fair share of challenges and triumphs. April 2020 started off with many of the Rainbow Youth Centre (RYC) staff working from home due to Covid-19 restrictions. The majority of staff worked from home from April to July and then again from late November to March 2021.

Staff were able to adapt the original programming to versions that could be used online. This enabled them to work remotely. Our original programming consisted of in-person group learning, home visits, recreation, and meal service. We were able to continue providing meals by moving to a delivery service instead of a sit-down meal service at RYC.

Our Cook continued to work at RYC throughout the pandemic preparing meals to be delivered to the participants who were participating in the online groups and visits. The childcare staff also remained at RYC throughout the year took on the new responsibility of meal delivery.

Our Youth CARE supervisor worked at RYC during the pandemic and took on additional responsibilities of supervising and organizing the day to day duties of the Childcare (meal delivery staff). With the adaptations to our services, we were able to continue to provide for the youth that we serve as well as keep all of our staff employed.

In addition to continuing our services RYC held regular (virtual) board meetings and began a review process of all of our policies. The Board, Management and Staff completed a new Strategic plan in the late winter of 2021. We are looking forward to the final approval of our plan in May 2021 and some new initiatives to be completed over the next few years.

We would like to acknowledge the contributions of our staff for getting all of the technology organized and distributed which enabled us to work from home with a minimum of disruption. Thank you to the staff for stepping up and covering for the Executive Director who was recovering from an accident in the summer/fall of 2020. Your contributions and commitment to RYC are admirable and much appreciated. Also, thanks to the staff for being resourceful and adaptable and taking on new responsibilities to ensure that our services continued during this challenging year. You are all amazing.

Thank you to the Board of Directors for keeping us on track for with new initiatives and volunteering their time to contribute to the vision and mission of RYC. You are appreciated for your generosity. Thank you to all of our funders for their continued support of our programs. Their contributions make serving the community possible.

And most importantly, thank you to the youth and community for sticking with us through all the adaptations over the year. You are the reason we do what we do! We look forward to continuing providing supports in the year to come.

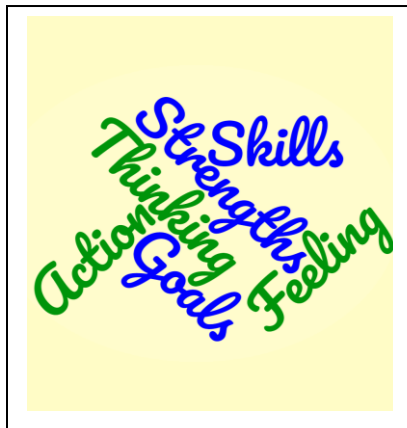
*Shelly Christian*  
Executive Director

*Dominica Robinson*  
Chair of the Board

# RYC Programs – Youth Skills

Youth Skills is a life skills program assisting youth ages 14 - 19 years in preventing and or reducing barriers to employment. Programming services provide opportunities for youth to enhance communication abilities and job readiness preparations. Curriculum content includes knowledge about coping strategies, problem solving, critical thinking, and decision making. Youth are able to gain thinking skills that support self-changing goals and actions.

Youth Skills services: Resolving Conflict Workshops (communication skills development).  
Job Readiness (pre-employment skills development).



In 2020-2021, Youth Skills was revised in partnership with Ministry of Justice - Community Safety and Well-Being to enrich the delivery model and modify services to engage youth in setting goals and making changes.

**NEW** Youth Skills is now using **THE CHANGE COMPANIES** curriculum and booklets.



# RYC Programs – Alternate Meal Service

The inability to have RYC participants on-site for services during periods of pandemic related restrictions resulted in the modification of the Meal Service. For the period of April to June and again from December to March, prepared meals were delivered to registered RYC participants.



111 days

862 dropoffs

3450 meals

*"It is great. It has helped out, yeah it has."*  
(KF participant)

*"I eat and it's helpful. Has helped save a bit of money."*  
(YPP participant)

*"Thank you, this really helps us."*  
(Parent of a YC participant)

# RYC Programs – Youth CARE

Youth CARE (Creating A Respectful Environment) (YC) is an initiative that provides front line services to youth aged 11-19 years. The goal of Youth CARE is to provide opportunities for youth to explore aspects of personal growth in an environment that promotes physical and emotional safety. Services are designed to be prevention-based and respond to the physical, social, intellectual, emotional, and spiritual aspects of young people. Activities are group based and use experiential learning techniques.

Youth CARE services are: After School Drop-In (offering social and recreational based activities), Meal Service (providing nutritious meals served as supper), Evening Program (delivering skill-based learning activities), Saturday Taking Care (participating in volunteer experiences), and Case Work (sharing knowledge about wellness, assisting with problem solving and goal setting, and connecting with community resources).



**High Ropes at Dallas Valley Ranch**

YC community collaborations included a youth presentation by GAP (Canadian Mental Health Association Gambling Awareness Program) in August and the U of R, Education Students Society sponsored a pumpkin carving event in October.

1300  
contacts

Although YC Evening Programming activities were restricted this year due to physical distancing guidelines, the weekly REC-re-ACTION Step & Sweat Nights (funded by a City of Regina, Sport & Recreation Stream Grant) were jam packed with outdoor adventures along with a multitude of various poodle noodle tag games.

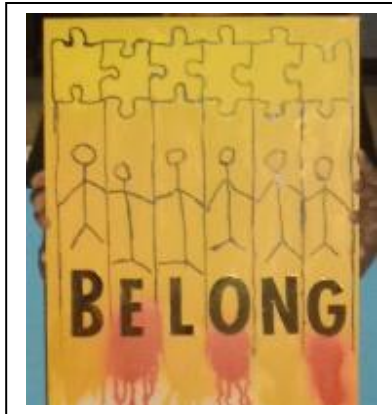
*"Thank-you ... He really enjoys it and I see a lot of positives in him since being in the program"  
(parent of a 12 year old participant)*

192  
days of  
service



**Hallowe'en Creations**

# RYC Programs – Youth CARE



**Mural Project – individual tiles created by youth participants.**

The After School Drop-In service was also restricted by physical distancing guidelines, however no limitations were put on youth creativity. As part of the Justice – Community Safety and Wellbeing partnership, youth designed personal tiles for the Mural Project.

YC online service  
61 days  
235 contacts

*“I want to work on ... sharing openly and on my active listening.”*

(12 year old participant)



**Reading Activity Kits**

In partnership with Community Initiatives Fund, YC donated 105 Reading Kits to Grade 6/7 students in three Community Schools.

*“We would be very appreciative ... the older kids get a little left out sometimes.”*

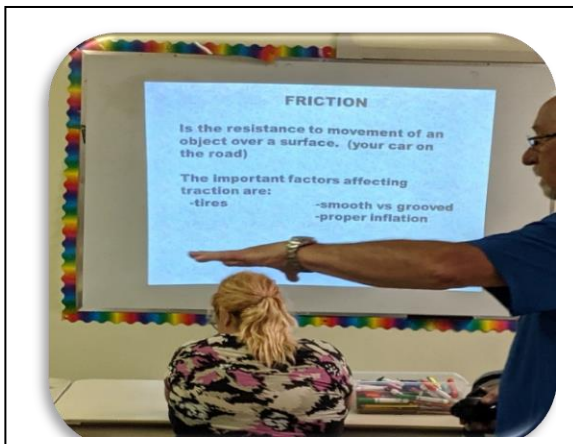
(school personnel)

9  
Acts of  
Kindness

# RYC Programs – Road to Employment

Road To Employment (RTE) is an initiative that addresses the academic, employment, and personal development of youth ages 18-25 years who have not completed a high school education and are experiencing barriers to employment. RTE is a 47-week, job readiness program that provides services to enhance academic levels, reduce employment barriers, increase career opportunities, and improve personal strengths.

The services provided by RTE are: preparation for General Equivalency Diploma (GED) examinations; attainment of multiple work related certificates (i.e. First Aid/CPR, WHMIS, FoodSafe, Service Best); pre-employment workshops (i.e. resumé writing, portfolio development, interviewing skills, effective communication); Drivers Education (Learner's license, in-classroom and in-car driver training, road test for Driver license); and a 16 week work placement. There is a yearly intake process (including an orientation session, academic testing, and interview) for the 16 participant spots available.



**In Class Driver Education**

RTE offers classroom and hands on driving experience allowing students to obtain their drivers license. All participants obtained their learner license this year.

*"I feel confident when I drive now." RTE participant*

**14 driver licenses obtained**

Our work experience program allows work placements for students. We are also implementing a new Virtual Reality (VR) system that gives students virtual on-the-job site experience without ever having to leave our building. We are very excited about the future potential of this new VR technology in allowing students to try out jobs that they might not have previously considered.

*"I was able to get a second job on the side. I love my job so much." RTE participant*

**7 job placements for students**



**Setting up the VR during Lockdown**

# RYC Programs – Road to Employment

The first day of our Road to Employment work experience placements coincided with the Province of Saskatchewan’s second shut down due to the COVID-19 pandemic. Fortunately, all the work placement employers were willing to keep the participants throughout the shut down. A few participants were even hired for extra work outside of the scheduled placement hours.

Road to Employment is funded by the Saskatchewan Ministry of Immigration and Career Training.



**RTE Students Engaged in Team Building**

Our GED program allows students to obtain their full General Equivalency Diploma enhancing their employability considerably. There were complications booking exams this year because of COVID 19, however, all exams were eventually scheduled.

*“I am now able to apply to post-secondary for the job field I wanted.” RTE participant*

*4 full GED’s obtained so far!*

Our classroom instruction focuses not just on academics but on arts and culture as well.

*“I want to appear in the world as capable of anything.” RTE participant*

*27 weeks of classroom training*



**RTE Participants Art Work**



# **RYC Programs – Young Parent Program**

Young Parent Program (YPP) is a Community Action Program for Children project funded by Public Health Agency of Canada that invests in the healthy development of young children (0-6 years). YPP uses a group setting format of delivery to provide support to parents up to age 25 years and their children (aged infant to 6 years) in managing challenging circumstances. Participants of the program have opportunity to gain knowledge about child health and development, parenting skills, nutrition, interpersonal skills, physical and emotional well-being. Transportation and childcare services are provided to families attending YPP services. YPP services are a weekly Evening Parent Support Group, a weekly Parenting Skills Development Group (i.e. Parent Effectiveness Training, Nobody’s Perfect Parenting Program, Bounce Back, Positive Discipline, and various life skill based topics), connecting parents to community services and support networks, and advocacy.



YPP, in partnership with the Albert Branch Regina Public Library and the high school on-site at the Mamaweyatitan Centre, piloted a new Perinatal Program which focused the needs of prenatal parents and those who recently gave birth.

*“Don’t judge myself too harshly. We are all different, no one is perfect. Mistakes will be made but wake up and do better by learning and adapting.” YPP participant*

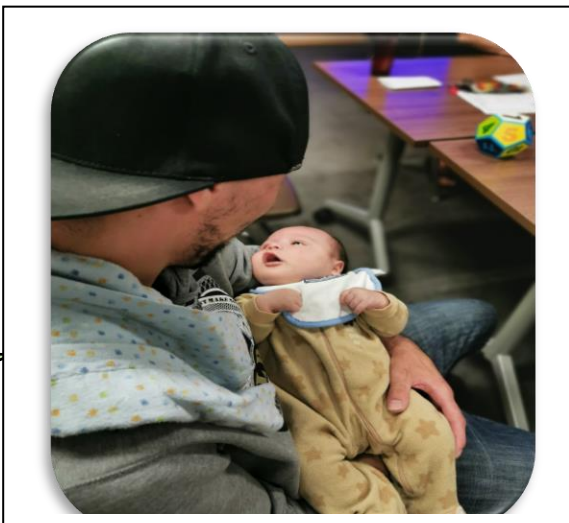
**63 parents attended sessions**

## **Library Perinatal Program**

Our Positive Parenting classes ran for only one session and then was put on hold due to COVID. Staff continued to be in contact with clients through our meal delivery and craft program.

*“I get to practice socializing. I now understand that socializing is a skill.” YPP participant*

**22 fathers attended sessions**



## **Learning Good Parenting Skills**

# RYC Programs – Young Parent Program

As the changes to public health restrictions fluctuated throughout the year, Young Parent Program was able to quickly pivot back and forth between in-person and remote programming while designing programs to meet the same objectives. In order to deliver remote programming, we made major changes in the format such as offering shorter, more frequent communication. We were still able to achieve or at least partly achieve almost all of our workplan objectives and outcomes. These objectives included promotion of nutrition, physical activity children’s health and development, parent-child attachment, positive parenting practices, positive mental health practices, opportunities for social supports and parental self-efficacy. Families were supported in maintaining their food security during the pandemic by our agency delivering weekly meals and snacks while in-person programming was suspended due to public health measures.



YPP provides daycare services to program participants. Children learn valuable participation and socializing skills. They have fun too!

*“I learned to be a mindful parent and my son learned to socialize.” YPP participant*

*52 children attended sessions*

**Childcare Activities**

YPP develops partnerships with other organizations such as libraries and high schools. Guest speakers from these and other organizations frequently give talks on topics such as interpersonal violence, breastfeeding support, mental health issues, and many others. We also have cultural and art activities for parents and children.



**Mask Making Activity**

*80% of participants ‘strongly agree’ that they have increased confidence*

# RYC Programs – KidsFirst

KidsFirst is a province-wide program funded by Saskatchewan Health Authority that is designed to support children and families by enhancing parenting knowledge, providing support, and building on family strengths. The purpose of KidsFirst is to support parents as they create a caring and nurturing family for their new baby. Family participation in the KidsFirst program is voluntary. The KidsFirst program at Rainbow Youth Centre is for parents up to age 25 years and their children (prenatal to age 3 years). The services provided by KidsFirst are: Home Visiting (promotion of healthy child development, development of positive parent-child relationships, and support for parents in attaining goals), community engagement, childcare and early learning opportunities for children, and connecting families to community services and support networks.



Our families were further supported by weekly meals delivered to families, summer outdoor activity kits, literacy kits, incentives for regular visits, Good Food Boxes, sanitization kits, children’s backpacks with school supplies, and literacy challenge contests for families who read to, sang to, or told stories to their children.

## Keeping Families Involved

*“I feel blessed to have you guys and the literacy bags for my baby; we also like the meal deliveries.”*  
KidsFirst participant

Served  
71  
families

3,846 total  
contacts



# RYC Programs – KidsFirst

The KidsFirst team pulled together to meet the safety challenges posed by COVID-19 while still maintaining contact with the families. Video and phone visits replaced our usual in-home visits and, weather permitting, we held some masked, distanced, outdoor visits. We even managed to conduct a few in-office visits following strict safety protocols before the office was shut down following the Public Health guidelines.

Our new Program Support Supervisor helped support Home Visitors and has been invaluable in our move to electronic documentation, made essential this year.



**Waiting for our Graduates**

Because of COVID, we were unable to hold our annual ceremony for graduating KidsFirst families. We are optimistic that we can do it next year.

*"I think KidsFirst is great. They act just like family and help when needed and help the process of the child's learning experiences."* KidsFirst parent

840 total visits

We were not able to hold our Monday Play Group for kids but we did get out in the park with them occasionally. We are sure anxious to get them back into our building!

*"I feel so much more confident raising my children now."*  
KidsFirst participant

99% of our visits are with curriculum



**Relaxing After Playing Hard**

# Rainbow Youth Centre Team

## **RYC Board of Directors:**

- Dominga Robinson, *Chairperson*
- Carline Petit-Homme, *Vice-Chairperson*
- Jacqui Gagnon, *Treasurer*
- Colina Paul, *Past Chairperson*
- Andrea Klippenstine, *Director*
- Fayth Runns, *Director*
- Rebecca Agecoutay, *Director*
- Shauna Ironstar, *Director*
- Victor Roman, *Director*



## **RYC Staff:**

- Shelly Christian, *Executive Director*
- Douglas Swedberg, *Director of Administration*
- Carrie Sammy, *Administrative Assistant*
- Sandra Pfeifer, *Youth CARE Supervisor*
- Brad Munchinsky, *Youth CARE worker*
- Cassie Brown, *Youth CARE worker*
- Kristen Sigda-Holyoak, *Youth CARE worker*
- Josephine Puerto, *Cook*
- Callie Grimard, *Youth Skills Facilitator*
- Daniel Cronan, *RTE Supervisor*
- Colton Buzash, *RTE Facilitator*
- Faye Huggins, *KidsFirst Supervisor*
- Miranda Lavalley, *KidsFirst Support Supervisor*
- Diana Sunshine, *KidsFirst Home Visitor*
- Nadine Obey, *KidsFirst Home Visitor*
- Debbie McCarthy, *KidsFirst Home Visitor*
- Tasha Cappo, *KidsFirst Home Visitor*
- Tania Brass, *YPP Supervisor*
- Janet White Bear, *Childcare worker*
- Darrylynn Klyne, *Childcare worker*
- Ramatu Sankoh, *Childcare worker*
- Samantha Perry, *Childcare worker*
- Carissa Brierley, *Childcare worker*
- Roger Marcela, *Cleaner*



# RYC Financials



## Independent Auditor's Report

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To the members of Rainbow Youth Centre:

### Qualified Opinion

We have audited the financial statements of Rainbow Youth Centre (the "Centre"), which comprise the statement of financial position as at March 31, 2021, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at March 31, 2021, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

### Basis for Qualified Opinion

In common with many not-for-profit organizations, the Centre derives part of its revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centre and we were not able to determine whether any adjustments might be necessary to the revenues mentioned above, surplus of revenues over expenses, assets and net assets.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Centre in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

### Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

### Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.



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# RYC Financials

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report.

However, future events or conditions may cause the Centre to cease to continue as a going concern.

Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Regina, Saskatchewan  
May 31, 2021

*MNP* LLP

Chartered Professional Accountants

**MNP**

# RYC Financials

RAINBOW YOUTH CENTRE INC.  
Statement of Financial Position  
As at March 31, 2021

	March 31 2021	March 31 2020
<b>ASSETS</b>		
<b>CURRENT</b>		
Cash	\$ 275,623	\$ 157,631
Investments (Note 3)	306,768	277,452
Grants receivable	22,514	32,981
Accounts receivable	3,090	250
GST receivable	2,801	1,444
Interest receivable	8,027	10,488
Accounts receivable from employees	275	-
Prepaid expenses	35,925	34,054
Inventory (Note 4)	9,743	9,743
	<u>664,766</u>	<u>524,043</u>
TANGIBLE CAPITAL ASSETS (Note 6)	585,016	552,192
LONG TERM INVESTMENTS (Note 3)	388,445	403,124
	<u>\$ 1,638,227</u>	<u>\$ 1,479,359</u>
<b>LIABILITIES AND NET ASSETS</b>		
<b>CURRENT</b>		
Accounts payable	\$ 30,446	\$ 24,173
Wages payable	84,278	75,245
Deferred revenue (Note 7)	345,629	230,367
	<u>460,353</u>	<u>329,785</u>
DEFERRED CAPITAL CONTRIBUTIONS (Note 7)	145,824	133,680
	<u>606,177</u>	<u>463,465</u>
NET ASSETS	1,032,050	1,015,894
	<u>\$ 1,638,227</u>	<u>\$ 1,479,359</u>

J Gagnon Director

A Klippenstine Director



# RYC Financials

## RAINBOW YOUTH CENTRE INC.

### Statement of Operations

Year Ended March 31, 2021

	2021	2020
<b>REVENUE</b>		
Grants ( <i>Note 10</i> )	\$ 1,103,681	\$ 1,078,714
Donations	6,030	8,598
Amortization of capital contributions	10,818	11,919
Other	3,763	5,929
Interest income	12,463	13,350
Donations in-kind	12,966	11,659
	<u>\$ 1,149,721</u>	<u>\$ 1,130,169</u>
<b>EXPENSES</b>		
Amortization	\$ 35,393	\$ 36,025
Building occupancy	40,734	44,030
Food	21,225	24,213
Fundraising and public relations	16,308	14,968
Miscellaneous ( <i>Note 11</i> )	20,768	23,274
Programming ( <i>Note 11</i> )	106,998	82,161
Staff salaries and benefits	861,615	835,107
Telephone	12,567	11,469
Transportation	18,567	20,475
	<u>1,134,175</u>	<u>1,091,722</u>
<b>EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS</b>	<b>15,546</b>	<b>38,447</b>
<b>OTHER EXPENSES</b>		
Gain on disposal of capital assets	<u>610</u>	<u>-</u>
<b>EXCESS OF REVENUE OVER EXPENSES</b>	<b>\$ 16,156</b>	<b>\$ 38,447</b>

# RYC Contributors

We would like to gratefully acknowledge the contributions made by the following contributors during 2020-2021. We could not deliver our programs without you. Thank you.

## **Grant Providers:**

- City of Regina
- Community Initiatives Fund
- KidsFirst Regina
- Public Health Agency of Canada
- Regina Education and Action on Child Hunger
- Saskatchewan Health Authority
- Saskatchewan Immigration and Career Training
- Saskatchewan Justice Attorney General
- Saskatchewan Justice Corrections and Policing
- Service Canada
- United Way Regina

## **Donors:**

\$1,000 - \$2,000

- Andrew Stevens

\$500 - \$1,000

- Darlene Hills
- Patty Kelly
- Sean Tucker

< \$500

- Forty-four donations totaling \$3,200

## **In-Kind Donations:**

>\$10,000

- Cobs Bakery

<\$1,000

- O'Neill High School
- Sunset Church
- Hometech Kitchen Centre
- Anonymous



# RYC Contributors

Thank you grant providers.



