

Rainbow *youth centre*



Rainbow Youth Centre Annual Report 2019 - 2020



RYC Vision and Mission

Vision

**Empowered youth, family,
communities**

Mission

**To engage, educate, and
inspire youth and families to
lead healthy lives**

RYC Programs – Youth C.A.R.E

Youth C.A.R.E. (Creating A Respectful Environment) (YC) is an initiative that provides front line services to youth aged 11-19 years using a prevention-based approach focusing on well-being. Services are designed to be prevention-based and respond to the physical, social, intellectual, emotional, and spiritual aspects of young people. Service activities are delivered in a structured environment that promotes physical and emotional safety, are group based, and use experiential learning techniques.

Youth C.A.R.E services are: After School Drop in Activities, Supper (evening meal), Evening Program (skill based learning activities), Saturday Taking Care (community volunteerism), and Case Work (including engagement, problem identification, case planning with problem solving and goal setting, and outside of agency networking and referrals).



Lantern Jars for Veterans



Planters for the Neighborhood

Making Planters for the neighborhood & Lantern Jars for Veterans at Wascana Rehab Centre. Examples of acts of kindness performed by youth this year. Other recipients included the Salvation Army - Waterston Centre, Regina Open Door Society, and Sofia House. There were 22 sessions, with 60 youth attending and 165 service contacts.

Funded by City of Regina Community Investment Grant - Social Development.

RYC Programs – Youth C.A.R.E

With the Ministry of Justice - Community Well-Being and Safety funding, the Taking C.A.R.E program continued to volunteer every second Saturday at an Extendicare. The City of Regina - Community Investment Grants, a stabilizing factor for Youth C.A.R.E programming, supported the acts of kindness performed by the youth this year. These grants also supported all the recreation activities youth had opportunity to endeavor.



Canvas Works of Art

“Canvas Works of Art” created by the youth in Taking C.A.R.E for the residents of the Extendicare they volunteer at. There were 18 sessions, with 28 youth attending. They recorded 132 volunteer hours.



Zipline at Outer Edge

Youth C.A.R.E Statistics

171 individuals

1853 service contacts

198 days of service

Youth getting instruction for the zipline at Outer Edge (Lumsden). There were 8 road trips, 54 contacts. Ventures included Moose Jaw Tunnels, Rock Climbing Centre (Regina) & Gallagher Water Park (Yorkton).

RYC Programs – Youth Skills

Youth Skills (YS) is a life skills-based program that provides interpersonal development and self-awareness services to youth ages 13–19 years. Youth Skills services encourage youth to accept responsibility for behavior while teaching skills of effective communication, problem solving, decision making, critical thinking, using coping strategies, and resolving conflict without violence. Youth are able to gain information that will impact the decisions they make in life about their health and relationships.

Youth Skills services are: Anger Management Education Program (AMEP) for both 13–15 year olds and 16–19 year olds (10 hour course - conflict resolution curriculum), The Truth About it Education Program (TTAI) (10 hour course – substance use and prevention of abuse curriculum), and Growing Skills Program (10 hour course – personal skill development curriculum).

Currently, the Ministry of Justice and the agency are in dialogue regarding an altered version of Youth Skills that will aptly meet the objectives of the Ministry and address the evolving needs of youth.



Youth Skills Statistics

26 Service Contacts

3 Anger management groups delivered (5 sessions each)

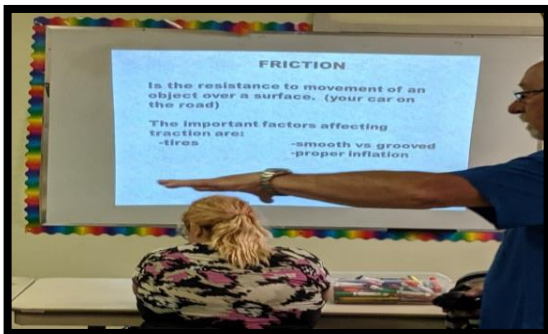
Quote from a YS participant,
“The most important thing I learned is that violence is never the solution”.

RYC Programs – Road To Employment

Road To Employment (RTE) is an initiative that addresses the academic, employment, and personal development of youth ages 18-25 years who have not completed a high school education and are experiencing barriers to employment. RTE is a 47-week, job readiness program that provides services to enhance academic levels, reduce employment barriers, increase career opportunities, and improve personal strengths.

The services provided by RTE are:

preparation for GED (General Equivalency Diploma) examinations, attainment of multiple work related certificates (i.e. First Aid/CPR, WHMIS, FoodSafe, Service Best), pre-employment workshops (i.e. resumé writing, portfolio development, interviewing skills, effective communication), Drivers Education (Learner's license, in-classroom and in-car driver training, road test for Driver license), and a 16 week work placement. There is a yearly intake process (including an orientation session, academic testing, and interview) for the 20 participant spots available.



In Class Drivers Education



Volunteering for event at Vic Square Mall

Road to Employment Statistics

6 Essential Skills training workshops

65 Certificates completed -WHMIS, Serve It Right, CPR, Safe Food Handling, First Aid, CPR.

93% of Learners Licence attained

100% Completed in class hours

Work experience coincided with the Saskatchewan Government's declaration of a State of Emergency due to the COVID-19 pandemic and work experience placements were suspended.

RYC Programs – Road To Employment



Searching for Employment

RTE Cycle 21 participant ready to hit the pavement in search of employment.

There were 27 weeks of pre-employment classroom instruction provided, with 10 (50%) of 20 participants moving to the 16-week work experience.

Unfortunately, the first day of RTE21 work experience coincided with the Saskatchewan Government's declaration of a State of Emergency due to the COVID-19 pandemic and work experience placements were suspended.



Cycle 21 RTE Participants Artwork

In the words of RTE participants ...

“I want to appear in the world as capable of anything.”

“I want to show I am determined, strong, willing to do what it takes to succeed.”

“I want to show up in the world and be perceived as smart ... and a responsible person.”

RYC Programs – Young Parent Program

Young Parent Program (YPP) is a Community Action Program for Children (CAPC) project that invests in the healthy development of young children (0-6 years). The Young Parent Program uses a group setting format of delivery to provide support to parents up to age 25 years and their children (aged infant to 6 years) in managing challenging circumstances. Participants of the program have opportunity to gain knowledge about child health and development, parenting skills, nutrition, interpersonal skills, physical and emotional well-being. Transportation and childcare services are provided to families attending YPP services.

The Young Parent Program services are a weekly Evening Parent Support Group, a weekly Parenting Skills Development Group (i.e. Parent Effectiveness Training, Nobody's Perfect Parenting Program, Bounce Back, Positive Discipline, and various life skill based topics), connecting parents to community services and support networks, and advocacy.

Library Initiative

In partnership with the Regina Public Library, the Library Initiative increased the families understanding of the services offered by the RPL as well as a connection to the staff and familiarity with the space.

As this was offered outside of regular program time, families were challenged to supply their own transportation to attend.

While this was a barrier for a few families who chose not to continue, those who did complete the program had their past overdue fees completely waived were very proud of their commitment.



RYC Programs – Young Parent Program



Ribbon Skirt Making

The Young Parent Program offered an 8-week Ribbon Skirt Making class. There was young Indigenous woman instructor that taught our participants how to make their own ribbon skirts.

At first, some were discouraged and frustrated by the intricacies of the sewing machines but the encouragement by all involved motivated them to persist and conquer their fears of failure.

Determined to finish the project, one young Mom came to session early to “catch up”. Another mom, skillful and proficient, began helping her classmates after completing her skirt early.

Their commitment spoke of their determination and pride in their newfound capabilities.

Young Parent Program Statistics

Total families served in Young Parent Program

Families	46
Parents served	63
Children served	52
Fathers served	22

RYC Programs – KidsFirst

KidsFirst (KF) is a province-wide program designed to support children and families by enhancing parenting knowledge, providing support, and building on family strengths. KidsFirst Regina is in partnership with four community-based organizations: Aboriginal Family Service Centre, Early Learning Centre, Open Door Society, and Rainbow Youth Centre. The purpose of KidsFirst is to support parents as they create a caring and nurturing family for their new baby. Family participation in the KidsFirst program is voluntary.

The KidsFirst program at Rainbow Youth Centre is for parents up to age 25 years and their children (prenatal to age 3 years). The services provided by KidsFirst are: Home Visiting (promotion of healthy child development, development of positive parent-child relationships, and support for parents in attaining goals), community engagement, childcare and early learning opportunities for children, and connecting families to community services and support networks.

Seven families successfully completed Curriculum and graduated from KidsFirst this year. We invited families new to KidsFirst to the February graduation to be inspired by the graduates' successes.



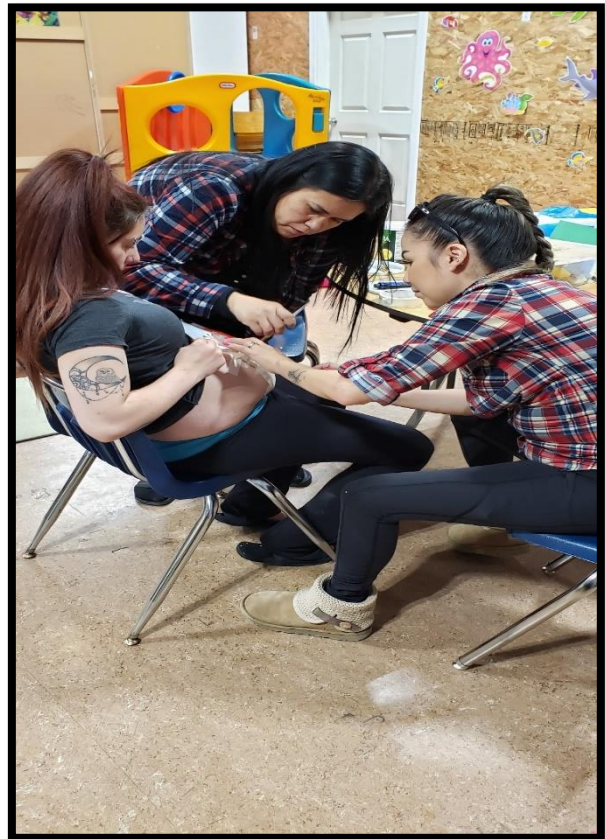
RYC Programs – Kids First

KidsFirst rose to the challenge presented by the COVID-19 pandemic. After stopping all home visits, we surveyed families to determine their capacity for phone call visits and video visits as well as safely receiving curriculum hand-outs and other materials. After KidsFirst staff started working from their homes, staff learned how to conduct virtual visits and looked for ways to engage with those families who did not have the capacity for phone or video visits.

We partnered with Young Parent Program to offer a Maternal Mental Health / Baby Bump Day to families in both programs.

We were involved with the one-day Literacy Event put on by KidsFirst Regina and partners. Families took part in the Fire Safety Carnival.

Staff learned new aspects of self-care at the KidsFirst Regina All-Staff Event at Sherwood Forest. They were able to apply these insights to help their families and themselves to increase positive mental health habits.



KidsFirst Statistics

Total families served	71
Total new families	33
Total families who graduated	7
Percentages of visits with curriculum	100 %

Rainbow Youth Centre Team

RYC Board of Directors as of March 31, 2020:

- Colina Paul, *Chairperson*
- Dominga Robinson, *Vice-Chairperson*
- Jacqui Gagnon, *Treasurer*
- Len Daniels, *Director*
- Michelle Kupusa, *Director (on Leave)*
- Carline Petit-Homme, *Director*
- Muhammad Kaukab, *Director*
- Amanda Dela Cruz, *Director*
- Shauna Ironstar, *Director*



RYC Staff: Employed on March 31, 2020:

- Shelly Christian, *Executive Director*
- Douglas Swedberg, *Director of Finance*
- Carrie Sammy, *Administrative Assistant*
- Sandra Pfeifer, *Program Supervisor (Evening)*
- Brad Munchinsky, *Youth C.A.R.E worker*
- Kristen Sigda-Holyoak, *Youth C.A.R.E worker*
- Cassie Brown, *Youth C.A.R.E worker*
- Kim Merasty, *RTE Co-Facilitator*
- Daniel Cronan, *RTE Co-Facilitator*
- Faye Huggins, *Program Supervisor (Daytime)*
- Diana Sunshine, *KidsFirst*
- Miranda Lavallee, *KidsFirst Home Visitor*
- Nadine Obey, *KidsFirst Home Visitor*
- Tasha Cappo, *KidsFirst Home Visitor*
- Debbie McCarthy, *KidsFirst Home Visitor*
- Jennifer Moostos, *KidsFirst Home Visitor*
- Shelley Braun, *YPP Co-Facilitator*
- Janet White Bear, *YPP Childcare worker*
- Darrylynn Klein, *YPP Childcare worker*
- Zoha Rivzi, *YPP Childcare worker*
- Ramatu Sankoh, *YPP Childcare worker*



Rainbow Youth Centre Financials

Independent Auditor's Report

To the members of Rainbow Youth Centre:

Qualified Opinion

We have audited the financial statements of Rainbow Youth Centre (the "Centre"), which comprise the statement of financial position as at March 31, 2020, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at March 31, 2020, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Centre derives part of its revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centre and we were not able to determine whether any adjustments might be necessary to the revenues mentioned above, surplus of revenues over expenses, assets and net assets.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Centre in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

Rainbow Youth Centre Financials

Independent Auditor's Report Continued

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Centre to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

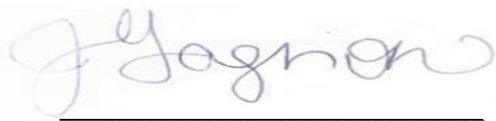
Regina, Saskatchewan
June 3, 2020

MNP LLP

Rainbow Youth Centre Financials

RAINBOW YOUTH CENTRE INC.
Statement of Financial Position
As at March 31, 2020

	<i>March 31</i> 2020	<i>March 31</i> 2019
ASSETS		
CURRENT		
Cash	\$ 157,631	\$ 99,238
Investments (Note 3)	277,452	401,550
Grants receivable	32,981	86,241
Accounts receivable	250	-
GST receivable	1,444	4,830
Interest receivable	10,488	7,643
Accounts receivable from employees	-	250
Prepaid expenses	34,054	8,853
Inventory (Note 4)	9,743	9,742
	524,043	618,347
TANGIBLE CAPITAL ASSETS (Note 6)	552,192	537,896
LONG TERM INVESTMENTS (Note 3)	403,124	173,729
	\$ 1,479,359	\$ 1,329,972
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 24,173	\$ 5,667
Wages payable	75,245	74,438
Deferred revenue (Note 7)	230,367	129,921
	329,785	210,026
DEFERRED CAPITAL CONTRIBUTIONS (Note 7)	133,680	142,499
	463,465	352,525
NET ASSETS	1,015,894	977,447
	\$ 1,479,359	\$ 1,329,972



Director



Director

Rainbow Youth Centre Financials

RAINBOW YOUTH CENTRE INC.

Statement of Operations

Year Ended March 31, 2020

	2020	2019
REVENUE		
Grants (<i>Note 10</i>)	\$ 1,078,714	\$ 1,124,592
Donations	8,598	8,188
Amortization of capital contributions	11,919	9,035
Fundraising	-	1,428
Other	5,929	4,321
Interest income	13,350	10,059
Donations in-kind	11,659	26,487
	<u>\$ 1,130,169</u>	<u>\$ 1,184,110</u>
EXPENSES		
Amortization	\$ 36,025	\$ 31,239
Building occupancy	44,030	44,173
Food	24,213	22,739
Fundraising and public relations	14,968	25,029
Miscellaneous (<i>Note 11</i>)	23,274	20,855
Programming (<i>Note 11</i>)	82,161	90,162
Staff salaries and benefits	835,107	900,443
Telephone	11,469	15,697
Transportation	20,475	24,503
	<u>1,091,722</u>	<u>1,174,840</u>
EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS	38,447	9,270
OTHER EXPENSES		
Loss on disposal of capital assets	-	(1,361)
EXCESS OF REVENUE OVER EXPENSES	<u>\$ 38,447</u>	<u>\$ 7,909</u>

Rainbow Youth Centre Financials

RAINBOW YOUTH CENTRE INC.
Statement of Changes in Net Assets
Year Ended March 31, 2020

	Operating Fund	Internally Restricted		Externally Restricted		TOTAL 2020	TOTAL 2019
		Equity in Capital Assets	Replacement Reserve	Health Reserve	KidsFirst Reserve		
NET ASSETS -							
BEGINNING OF YEAR	\$ 458,749	\$ 395,397	\$ -	\$ 42,841	\$ 80,460	\$ 977,447	\$ 969,538
Excess of revenue over expenses	38,447	-	-	-	-	38,447	7,909
Purchase of capital assets/capital improvements	-	50,320	(50,320)	-	-	-	-
Amortization of tangible capital assets	36,024	(36,024)	-	-	-	-	-
Amortization of deferred contributions	(11,919)	11,919	-	-	-	-	-
Loss on sale of capital assets	-	-	-	-	-	-	-
Proceeds on disposal of capital assets	-	-	-	-	-	-	-
Transfers	(47,220)	-	47,220	-	-	-	-
Capital contributions received and deferred	-	(3,100)	3,100	-	-	-	-
NET ASSETS -							
END OF YEAR	\$ 474,081	\$ 418,512	\$ -	\$ 42,841	\$ 80,460	\$ 1,015,894	\$ 977,447

Rainbow Youth Centre Contributors

Grant Providers:

- City of Regina
- Community Initiatives Fund
- Forbes Foundation
- KidsFirst Regina
- Public Health Agency of Canada
- Regina Education and Action on Child Hunger
- Rogers Communication
- Saskatchewan Health Authority
- Saskatchewan Immigration and Career Training
- Saskatchewan Justice Attorney General
- Saskatchewan Justice Corrections and Policing
- South Saskatchewan Community Foundation
- United Way Regina

Donors:

\$1,000 - \$2,000

- Wheat Country Motors

\$500 - \$1,000

- Hillberg and Berk
- Regina East Zone Board Inc
- Katherine Lawrence

< \$1,000

- Seventy-four donations totaling \$6,098

Donations in Kind:

- Cobs Bakery – weekly bread donations
- Regina Food Bank – food donations
- Walk for MS – food donations
- Knight Archer Insurance – food donations
- U of S College of Medicine – clothing and toiletries