

iRainbow *youth centre*

Annual Report 2018 – 2019



To engage, educate, and inspire youth and families to lead healthy lives.

RYC Vision and Mission

Vision

Empowered youth, family, communities

Mission

To engage, educate, and inspire youth and families to lead healthy lives



RYC Programs – Youth C.A.R.E

Youth C.A.R.E (Creating A Respectful Environment) (YC) is an initiative that provides front line services to youth aged 11-19 years using a wholistic (well being) approach. Services are designed to be prevention-based and respond to the physical, social, intellectual, emotional, and spiritual aspects of young people. Service activities are delivered in a structured environment that promotes physical and emotional safety, are group based, and use experiential learning techniques.

Youth C.A.R.E services are: After School Drop in Activities, Supper (evening meal), Evening Program (skill based learning activities), Saturday Taking C.A.R.E, and Case Work (including engagement, problem identification, case planning with problem solving and goal setting, and outside of agency networking and referrals).

Adventure Zone

Adventure Zone - a recreation based, group learning opportunity for youth ages 11 – 19 years financially supported by the Ministry of Justice - Community Safety & Well-being and a Community Initiatives Fund Grant.

Total # of recreation/physical activity minutes provided: 1985 minutes (33 hours), helping youth be physically literate, be physically active, and achieve minimum levels of daily activity.



REC-re-ACTION

REC-re-ACTION – is a prevention based wellness program targeting the physical and emotional health needs of youth ages 11-19 years financially supported by a City of Regina - Community Investment Grant, Sport and Recreation Stream.

There were 44 sessions, 96 individual youth, 360 service contacts. Favorite activities by youth this year included using the rope apparatus at Dallas Valley Ranch, archery, ice skating, tobogganing, using the Physical Literacy area at the YMCA, croquet, swimming, and boxing.

RYC Programs – Youth C.A.R.E

A 12 year old female who regularly attended the REC-re-ACTION program is challenged by physical movement due to limitations in her mobility and coordination.

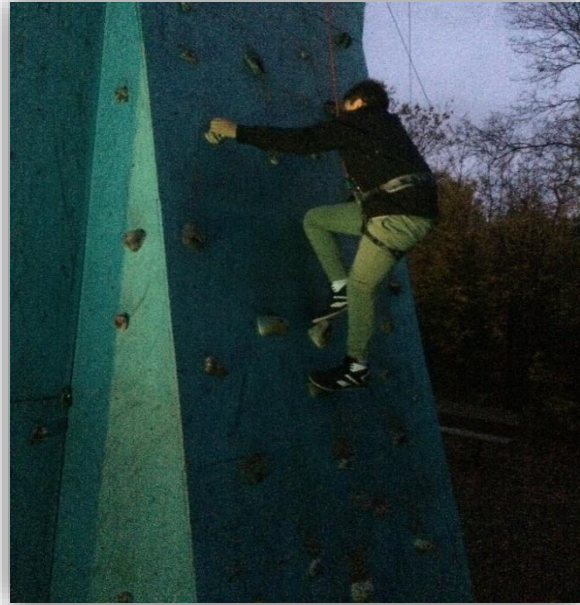
Her ability to coordinate her muscles in a manner that allows her to move in the way she would like takes concentration. Although there are the physical limitations to contend with, the youth perseveres through the Sport and Recreation activities.

There is a consistent pattern to how this 12 year old approaches obstacles.

Whether it is being taught how to do a push up, do a plank, or use the treadmill (all movement activities she had never done before) she will say "I can't" then "let me try", followed by "tell me again" and practising through failure until she achieves a level of success she determines.

Her attitude and perseverance is amazing. At the end of a session she displays excitement at her learning and self confidence in her achievements.

Deer Valley



Taking Care Saturdays

Taking Care – a program providing youth with volunteer experiences on Saturdays (12:30 pm – 4:30 pm) financially supported by Ministry of Justice – Community Safety & Well-being. There were 24 sessions, 34 individual youth, 105 service contacts.

1781 Meals
& 2155
Snacks
provided



RYC Programs – Youth Skills

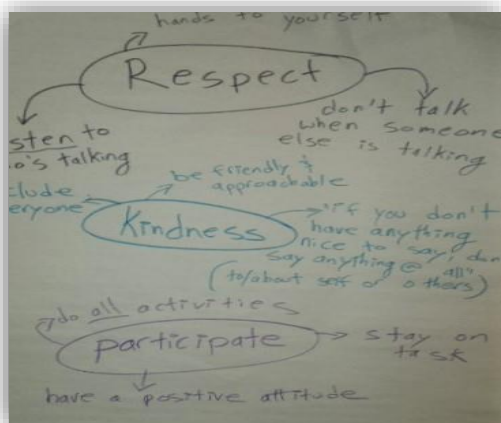
Youth Skills (YS) is a life skills-based program that provides interpersonal development and self-awareness services to youth ages 13–19 years. Youth Skills services encourage youth to accept responsibility for behavior while teaching skills of effective communication, problem solving, decision making, critical thinking, using coping strategies, and resolving conflict without violence. Youth are able to gain information that will impact the decisions they make in life about their health and relationships.

Youth Skills services are: Anger Management Education Program (AMEP) for both 13–15 year olds and 16–19 year olds (10 hour course - conflict resolution curriculum), The Truth About it Education Program (TTAI) (10 hour course – substance use and prevention of abuse curriculum), and Growing Skills Program (10 hour course – personal skill development curriculum).

In a discussion with the Youth Skills Facilitator after one of the Anger Management sessions, the youth reported that things were going very well for him recently and that he had been able to manage his emotions much more effectively. The youth said, “what I have learned through Anger Management has been amazing.” The youth explained that the anger reducers have helped him to manage his stress, anxiety, and boredom, as well as his anger. The youth also reported that he has been using the positive self-talk, especially when getting up in the morning and facing a new day.



Youth Skills Facilitator



RYC Programs – Road to Employment

Road to Employment (RTE) is an initiative that addresses the academic, employment, and personal development of youth ages 18–25 years who have not completed a high school education and are experiencing barriers to employment. RTE is a 47-week, job readiness program that provides services to enhance academic levels, reduce employment barriers, increase career opportunities, and improve personal strengths.

The services provided by RTE are: preparation for GED (General Equivalency Diploma) examinations, attainment of multiple work related certificates (i.e. First Aid/CPR, WHMIS, FoodSafe, Service Best), pre-employment workshops (i.e. resumé writing, portfolio development, interviewing skills, effective communication), Drivers Education (Learner’s license, in-classroom and in-car driver training, Driver license), and a 16 week work placement. There is a yearly intake process (including an orientation session, academic testing, and interview) for the 20 participant spots available.



RTE 19 Year End celebrations was held on Monday July 30, 2018.



“My life has changed for the better. Being in the program gave me my education and experience and life skills. I need to better my future and my family’s. I really loved being in this program, meeting all the wonderful people and experiencing all of this has been great. Thank you Kim and Dan.”

RTE 20 participant

RYC Programs – Road to Employment

Classroom

RTE provided 27 weeks of pre-employment classroom instruction with 85% of participants completing the classroom portion of the program.

RTE provided instruction for six major job readiness training workshops including Standard First Aid/CPR, Serve It Right, and Service Best, with a total of 88 certificates of completion successfully awarded to participants.

RTE arranged for 112 GED exams to be written by participants, 69% participants successfully obtaining their GED 12 certificate.

Work Placement

RTE arranged for 16 weeks of Work Experience, with a 100% of participants starting and completing work placements.

RTE partnered with 11 Employers for the work experience portion of the program, with some Employers providing a work placement for multiple participants.



License

RTE arranged for 20 Learner License exams to be written by participants, with 100% of participants obtaining their Learner License.

RTE 20 provided a total of 114 hours in-classroom driver instruction for participants, with 100% of participants completing the required 6-hours.

RTE 20 provided a total of 96 hours in-car driver instruction for participants, with 94% of participants completing the required 6-hours.



“The participant is doing awesome. Lots of eagerness to work. Punctual and learning lots. In all honesty, he’s one of the best guys I’ve had work for me.”

RTE 20 Work Placement Employer

RYC Programs – Young Parent Program

Young Parent Program (YPP) is a Community Action Program for Children (CAPC) project that invests in the healthy development of young children (0-6 years). The Young Parent Program uses a group setting format of delivery to provide support to parents up to age 25 years and their children (aged infant to 6 years) in managing challenging circumstances. Participants of the program have opportunity to gain knowledge about child health and development, parenting skills, nutrition, interpersonal skills, physical and emotional well-being. Transportation and childcare services are provided to families attending YPP services.

The Young Parent Program services are a weekly Evening Parent Support Group, a weekly Parenting Skills Development Group (i.e. Parent Effectiveness Training, Nobody’s Perfect Parenting Program, Bounce Back, Positive Discipline, and various life skill based topics), connecting parents to community services and support networks, and advocacy.

It was impressive that the YPP participant, self-described as having severe social anxiety, succumbed to my gentle nudging - which included a few home visits – to come to our first YPP Evening Support session of 2019. With her partner and their 18-month daughter in tow, the family have been regular participants ever since.

On responding to why YPP is important to her. She shared, “I get to practice socializing”; adding she now understands that socializing is a skill, a topic addressed in the winter session.

Their progress was marked when her partner, a man of few words, asked if I would consider making goulash for our Tuesday meal, stating he liked the way the word sounded. I quickly agreed to the challenge while admitting the dish was new to me. The assertion led to a group conversation on skill building and the value of new food experiences.

Dining on goulash two weeks later, the group discussed the recipe, cost and nutrition values. I was thrilled when the participant recently shared that she had made the recipe, stating she appreciated the spice package provided adding the food component of YPP is one of her favourite parts of the program. **YPP Facilitator**

Year End Tie Up (Macrame Project)



52 Sessions with 241 Repeated attendance

RYC Programs – KidsFirst

KidsFirst (KF) is a province-wide program designed to support children and families by enhancing parenting knowledge, providing support, and building on family strengths. KidsFirst Regina is in partnership with four community-based organizations: Aboriginal Family Service Centre, Early Learning Centre, Open Door Society, and Rainbow Youth Centre. The purpose of KidsFirst is to support parents as they create a caring and nurturing family for their new baby. Family participation in the KidsFirst program is voluntary.

The KidsFirst program at Rainbow Youth Centre is for parents up to age 25 years and their children (prenatal to age 3 years). The services provided by KidsFirst are: Home Visiting (promotion of healthy child development, development of positive parent-child relationships, and support for parents in attaining goals), community engagement, childcare and early learning opportunities for children, and connecting families to community services and support networks.

Kids First Program Completion Graduation

“My family enjoyed the graduation party and self-care night. They stated they got motivated and inspired by the graduated family and also learnt it is important to take care of themselves: it is not just for them; it is also to have good role model for their children showing how to take care of their mental health.”

Kids First Participant



RYC Programs – KidsFirst



At the literacy event my family told me it was nice to get out and do activities with her child. She said she and her partner agreed it was nice getting to the kids' level and playing with them at the different stations.

She enjoyed reading to her child and plans to add reading to their routine so they can build their children's word bank. Their favourite stations were the tunnel sections and story time.

She plans on getting a library card and going to library when she can and if she cannot make it she will have books at home to read to her child.

KidsFirst Home Visitor

"I would really like to thank the KidsFirst Program for welcoming me into the program. The moment I found out I was pregnant with my daughter I was scared, not for me, but for her because I didn't know what our future looked like.

As a indigenous person there seemed to be a cycle of intergenerational trauma that affected me. This cycle needs to be broken and I came to the realization that my children will never have to go through what I went through.

I prayed to god to help guide me to be a good mom and the best parent that I can be. My prayers were answered in the form of KidsFirst. KidsFirst has really been there for me, they helped guide me and taught me so much.

I came a long way from where I was when I first started the program. KidsFirst Program has so much to offer and I am very thankful for everyone who works with them."

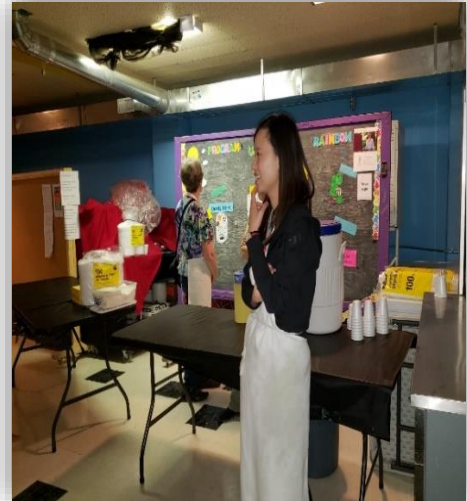
Kids First Participant



Rainbow Youth Centre Team

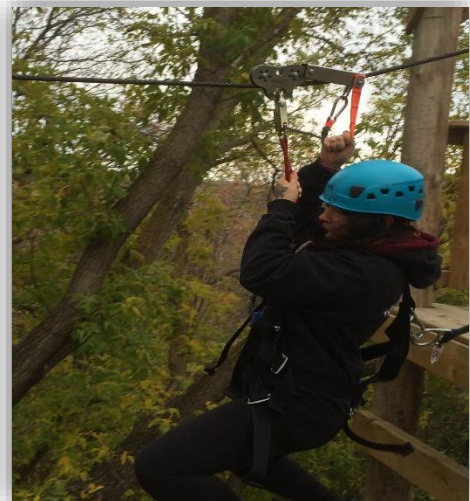
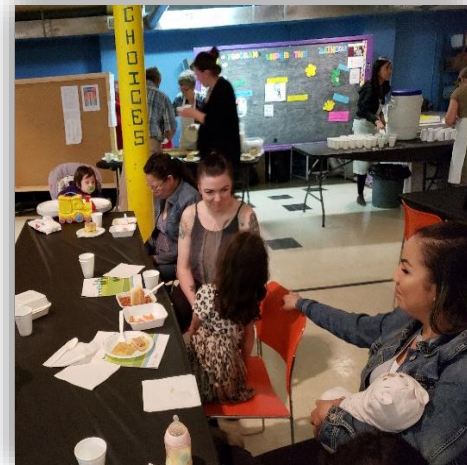
RYC Board of Directors as of March 31, 2019:

- Colina Paul, *Chairperson*
- Michelle Kupusa, *Vice-Chairperson*
- Jacqui Munro, *Treasurer*
- Len Daniels, *Director*
- Tyler Lerat, *Director (on Leave)*
- Carline Petit-Homme, *Director*
- Muhammad Kaukab, *Director*
- Nordika Dussion, *Director*



RYC Staff: Employed on March 31, 2019:

- Shelly Christian, *Executive Director*
- Douglas Swedberg, *Director of Finance*
- Carrie Sammy, *Administrative Assistant*
- Sandra Pfeifer, *Program Supervisor (Evening)*
- Brad Munchinsky, *Youth C.A.R.E worker*
- JR Fordham, *Youth C.A.R.E worker*
- Cassie Brown, *Youth C.A.R.E worker*
- Peter Steele, *Youth Skills Co-Facilitator*
- Kim Merasty, *RTE Co-Facilitator*
- Daniel Cronan, *RTE Co-Facilitator*
- Faye Huggins, *Program Supervisor (Daytime)*
- Miranda Lavalley, *KidsFirst Home Visitor*
- Diana Sunshine, *KidsFirst Home Visitor*
- Nadine Obey, *KidsFirst Home Visitor*
- Zoe Chen, *KidsFirst Home Visitor*
- Debbie McCarthy, *KidsFirst Home Visitor*
- Shelley Braun, *YPP Co-Facilitator*
- Janet White Bear, *YPP Childcare worker*
- Tania Fecteau, *YPP Childcare worker*
- Rose Ethier-Heisler, *Cleaner*



RYC Financials



Independent Auditor's Report

To the of Rainbow Youth Centre:

Qualified Opinion

We have audited the financial statements of Rainbow Youth Centre (the "Centre"), which comprise the statement of financial position as at March 31, 2019, and the statements of operations, changes in net assets and cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies.

In our opinion, except for the possible effects of the matter(s) described in the Basis for Qualified Opinion section of our report, the accompanying financial statements present fairly, in all material respects, the financial position of the Centre as at March 31, 2019, and the results of its operations and its cash flows for the year then ended in accordance with Canadian accounting standards for not-for-profit organizations.

Basis for Qualified Opinion

In common with many not-for-profit organizations, the Centre derives part of its revenue from donations and fundraising, the completeness of which is not susceptible to satisfactory audit verification. Accordingly, our verification of these revenues was limited to the amounts recorded in the records of the Centre and we were not able to determine whether any adjustments might be necessary to the revenues mentioned above, surplus of revenues over expenses, assets and net assets.

We conducted our audit in accordance with Canadian generally accepted auditing standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Statements section of our report. We are independent of the Centre in accordance with the ethical requirements that are relevant to our audit of the financial statements in Canada, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our qualified opinion.

Responsibilities of Management and Those Charged with Governance for the Financial Statements

Management is responsible for the preparation and fair presentation of the financial statements in accordance with Canadian accounting standards for not-for-profit organizations, and for such internal control as management determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, management is responsible for assessing the Centre's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intends to liquidate the Centre or to cease operations, or has no realistic alternative but to do so.

Those charged with governance are responsible for overseeing the Centre's financial reporting process.

Auditor's Responsibilities for the Audit of the Financial Statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Canadian generally accepted auditing standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with Canadian generally accepted auditing standards, we exercise professional judgment and maintain professional skepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Centre's internal control.



ACCOUNTING > CONSULTING > TAX
SUITE 900, ROYAL BANK BUILDING, 2010 - 11TH AVENUE, REGINA SK, S4P 0J3
1.877.500.0780 P: 306.790.7900 F: 306.790.7990 MNP.ca

RYC Financials

- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Centre's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Centre to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

Regina, Saskatchewan

June 6, 2019

MNP **LLP**
Chartered Professional Accountants


RYC Financials

RAINBOW YOUTH CENTRE INC.

Statement of Financial Position

As at March 31, 2019

	March 31 2019	March 31 2018
ASSETS		
CURRENT		
Cash	\$ 99,238	\$ 100,619
Investments (Note 3)	401,550	171,524
Grants receivable	86,241	86,174
Accounts receivable	-	150
GST receivable	4,830	3,520
Interest receivable	7,643	6,289
Accounts receivable from employees	250	1,360
Prepaid expenses	8,853	11,925
Inventory (Note 4)	9,742	8,590
	618,347	390,151
TANGIBLE CAPITAL ASSETS (Note 6)	537,896	489,392
LONG TERM INVESTMENTS (Note 3)	173,729	400,000
	\$ 1,329,972	\$ 1,279,543
LIABILITIES AND NET ASSETS		
CURRENT		
Accounts payable	\$ 5,667	\$ 14,294
Wages payable	74,438	69,111
Deferred revenue (Note 7)	129,921	99,697
Deferred capital contributions (Note 7)	142,499	126,903
	352,525	310,005
NET ASSETS	977,447	969,538
	\$ 1,329,972	\$ 1,279,543

 Director

 Director

RYC Financials

RAINBOW YOUTH CENTRE INC.
Statement of Operations
Year Ended March 31, 2019

	2019	2018
REVENUE		
Grants <i>(Note 10)</i>	\$ 1,124,592	\$ 1,124,944
Donations	8,188	48,355
Amortization of capital contributions	9,035	-
Fundraising	1,428	5,151
Other	4,321	5,683
Fees for service	-	-
Interest income	10,059	11,250
Donations in-kind	26,487	15,716
	<u>\$ 1,184,110</u>	<u>\$ 1,211,099</u>
EXPENSES		
Amortization	\$ 31,239	23,173
Building occupancy	44,173	78,034
Food	22,739	13,842
Fundraising and public relations	25,029	14,787
Miscellaneous <i>(Note 11)</i>	20,855	18,375
Programming <i>(Note 11)</i>	90,162	75,859
Staff salaries and benefits	900,443	899,830
Telephone	15,697	15,774
Transportation	24,503	20,782
	<u>1,174,840</u>	<u>1,160,456</u>
EXCESS OF REVENUE OVER EXPENSES FROM OPERATIONS	9,270	50,643
OTHER EXPENSES		
Loss on disposal of capital assets	<u>(1,361)</u>	<u>(513)</u>
EXCESS OF REVENUE OVER EXPENSES	<u>\$ 7,909</u>	<u>\$ 50,130</u>

RYC Financials

RAINBOW YOUTH CENTRE INC.
Statement of Changes in Net Assets
Year Ended March 31, 2019

	Operating Fund	Internally Restricted		Externally Restricted		TOTAL 2019	TOTAL 2018
		Equity in Capital Assets	Replacement Reserve	Health Reserve	KidsFirst Reserve		
NET ASSETS - BEGINNING OF YEAR	\$ 483,748	\$ 362,489	\$ -	\$ 42,841	\$ 80,460	\$ 969,538	\$ 919,408
Excess (deficiency) of revenue over expenses	7,909	-	-	-	-	7,909	50,130
Purchase of capital assets/capital improvements	-	84,103	(84,103)	-	-	-	-
Amortization of tangible capital assets	31,239	(31,239)	-	-	-	-	-
Amortization of deferred contributions	(9,035)	9,035	-	-	-	-	-
Loss on sale of capital assets	-	(1,361)	1,361	-	-	-	-
Proceeds on disposal of capital assets	-	(3,000)	3,000	-	-	-	-
Transfers	(55,112)	-	55,112	-	-	-	-
Capital contributions received and deferred	-	(24,630)	24,630	-	-	-	-
NET ASSETS - END OF YEAR	\$ 458,749	\$ 395,397	\$ -	\$ 42,841	\$ 80,460	\$ 977,447	\$ 969,538

RYC Contributors

Grant Providers:

- City of Regina
- Community Initiatives Fund
- Forbes Foundation
- KidsFirst Regina
- Lorne and Evelyn Johnson Foundation
- Public Health Agency of Canada
- Regina Education and Action on Child Hunger
- Rogers Communication
- Sask Energy
- Saskatchewan Health Authority
- Saskatchewan Immigration and Career Training
- Saskatchewan Justice Attorney General
- Saskatchewan Justice Corrections and Policing
- Service Canada
- South Saskatchewan Community Foundation
- United Way Regina



Donors:

\$2,000 - \$3,000

- Conexus Credit Union on behalf of Kristina Baragar

\$1,000 - \$2,000

- Wheat Country Motors

\$500 - \$1,000

- Sherwood Co-op Association

< \$1,000

- Forty-eight donations totaling \$3,500

